

### **Muesli Slice**

1 cup desiccated or flaked coconut  
1 cup rolled oats  
1/2 cup pumpkin seeds  
1/2 cup walnuts  
1 cup dates, soaked in boiling water to soften  
1/2 cup cranberries  
4 tbsp tahini  
2 tbsp honey  
1/2 tsp vanilla bean paste or extract  
Pinch of sea salt

50g dark chocolate, roughly chopped

#### **Method:**

Add all ingredients, except the dark chocolate into a blender or food processor and pulse until everything is starting to stick and combine together.

Add the dark chocolate and mix through the mixture, with a spoon.

Line a slice tin with baking paper and tip the mixture in. Evenly spread out the mixture with your hands, then using the back of a spoon flatten the corners and smoothen out the top surface.

Place in the freezer to set. Once set cut into bars and store in an airtight container in the freezer for up to 2 months.